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[www.dellaresorts.com](http://www.dellaresorts.com)

Share your experience at



Our Unique 24 Hour Spa Experience





The art of relaxation takes  
a new meaning at Della Resorts.

Della Spa is a wellness retreat  
that promises you  
a divine experience  
and helps you discover inner serenity.



International Standard Spa with  
7 Treatments Suites inclusive of  
4 Couple Suites.





# Signature Therapies

These indulgent and luxurious therapies invigorate your body and mind. A detailed consultation with our expert therapist, a soothing foot ritual, a calming head massage, gentle body stretches and a refreshing bite full of wellness make your experience divine.

## DELLA SIGNATURE BLISS

This blissful experience is a divine combination of the best of massage techniques blended together to de-stress and soothe all your senses. This involves Thai massage stretching, acupressure points and releasing muscle tension by using deep pressure and firm strokes.

90 Mins

Choose any one from our signature oil blends:

- |  |  |   |
|--|--|---|
| • LEMON GRASS<br>Invigorating Light Massage Oil        | • BITTER ORANGE & CINNAMON<br>Energising Light Massage Oil | • STRESS RELIEVING BLEND<br>Frankincense, Bergamot, Rosewood, Lavender & Sandalwood |
| • INDIAN ROSE<br>Calming Light Massage Oil             | • NIGHT JASMINE (PARIJAT)<br>Enchanting Light Massage Oil  | • LIGHT MASSAGE OIL<br>Ylang Ylang  |
| • PEPPERMINT & BASIL<br>Revitalizing Light Massage Oil | • LAVENDER LIGHT MASSAGE OIL                               | • HAZELNUT & VANILLA<br>Light Massage Oil   |

## ROYAL INDULGENCE

A perfect choice for those looking for complete pampering. This indulging session begins with a soothing massage of your choice, followed by a body scrub to cleanse and refresh the skin. After cleansing, a purifying mask is applied to moisturise and nourish the skin. While you wait for the mask to dry, a gentle head massage completes the experience.

120 Mins

## DELLA FOUR-HAND SYNCHRONISED THERAPY

This body ritual is performed by two therapists using simultaneous and synchronised movements to relax and provide a unique experience, which is energising and improves blood circulation.

60 Mins

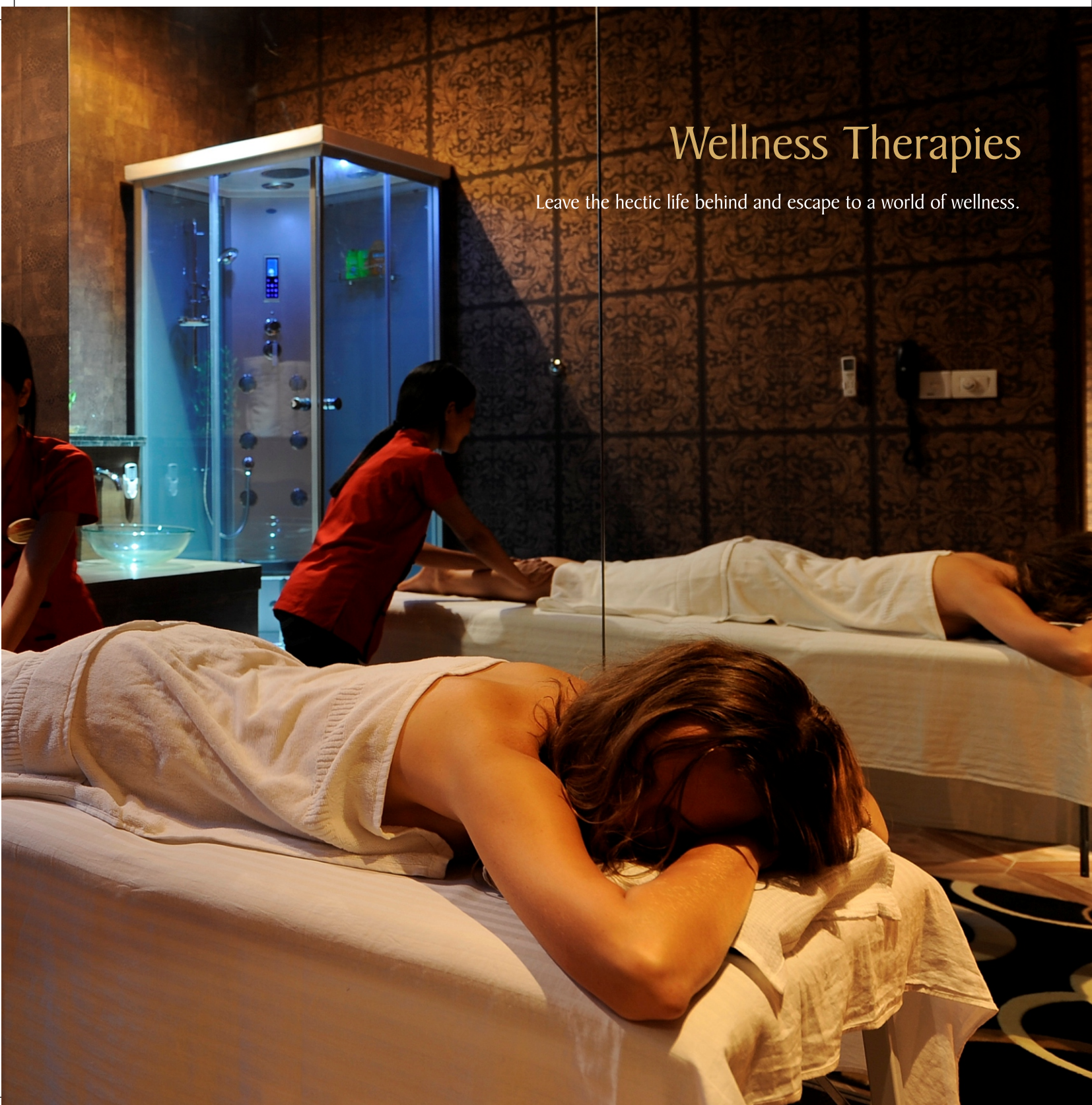
## HOT STONE THERAPY

This therapy involves the use of smooth heated stones in combination with a rejuvenating massage. It helps to relax muscles, ease stress, release toxins and recharge your energy levels.

90 Mins

Extra Taxes as applicable.





# Wellness Therapies

Leave the hectic life behind and escape to a world of wellness.

## ENERGISING THAI THERAPY

Developed by Buddhist monks in Thailand as a healing modality 2,500 years ago, Thai massage is an awakening experience combining assisted yoga postures, rhythmic compressions on targeted pressure points and stretching movements.

60 Mins  
90 Mins

## BALINESE CLASSIC

A combination of gentle stretches, acupressure and aroma therapy oils to stimulate the flow of oxygen and 'chi' (energy) around your body.

60 Mins  
90 Mins

## AROMA THERAPY

The gentle strokes and movements comfort your body, and the essential oils work toward balancing your senses.

60 Mins  
90 Mins

## SWEDISH THERAPY

Stimulates blood circulation and relaxes tight muscles. Medium in pressure, it helps in easing away tension and soothes your senses.

60 Mins  
90 Mins

## DEEP-TISSUE THERAPY

Uses deep and firmer strokes, concentrating on particular areas and helps in stimulating the blood flow and oxygen flow in your body. It is the ideal therapy for treating sore and tired muscles, and great after a workout.

60 Mins  
90 Mins

Choose any one from our signature oil blends for your wellness therapies at an additional cost of ₹150/-

- |  |  |   |
|--|--|---|
| • LEMON GRASS<br>Invigorating Light Massage Oil        | • BITTER ORANGE & CINNAMON<br>Energising Light Massage Oil | • STRESS RELIEVING BLEND<br>Frankincense, Bergamot, Rosewood, Lavender & Sandalwood |
| • INDIAN ROSE<br>Calming Light Massage Oil             | • NIGHT JASMINE (PARIJAT)<br>Enchanting Light Massage Oil  | • LIGHT MASSAGE OIL<br>Ylang Ylang  |
| • PEPPERMINT & BASIL<br>Revitalising Light Massage Oil | • LAVENDER LIGHT MASSAGE OIL                               | • HAZELNUT & VANILLA<br>Light Massage Oil   |

Extra Taxes as applicable.





## Body Works

### BODY EXFOLIATION

Gentle exfoliation removes dead skin, deep cleanses and refreshes the skin from neck to toe.

Choose any one from our exclusive selection of body scrubs and emerges radiant and refreshed.

PAPAYA SCRUB - Helps maintain smooth, soft skin and a glowing luminous complexion. 45 Mins  
For all Skin Types: liquorice and turmeric, with aloe vera oil and walnut scrub.

EXFOLIATING BODY SCRUB - Deep cleanses, detoxifies and refines the pores. 45 Mins  
For all Skin Types: liquorice and turmeric, with aloe vera oil and walnut scrub.

OATMEAL & RICE SCRUB - Enriched with soft abrasives and natural oils this mild face scrub 45 Mins  
will leave the skin clean and alive. Oat kernel meal is a natural micro scrub helping to remove surface dirt and grime. Rice bran oil nourishes and moisturizes and has anti oxidant benefits for the skin. Suitable for all skin types.

### BODY MASK

Hydrate, moisture and renew your skin.

SANDALWOOD MINERAL MUD PACK - Helps rejuvenate blood circulation. Makes the 30 Mins  
skin radiant with a healthy glow. For all skin types: sandalwood, fueller's earth and rock salt.

PURIFYING BODY MASQUE - ORANGE & WALNUT - Draws out toxins and purifies skin 30 Mins  
while retaining it's natural moisture balance. For normal to oily skin: orange extract, walnut, lime juice and fuellers earth.

RESTORING BODY MASQUE- WILDFLOWERS OF THE MOUNTAIN - Refreshes & tones 30 Mins  
the skin to bring out a healthy glow. For dry to normal skin: basil, ketaki flower, lotus seed, tuberosse and lavender.

Extra Taxes as applicable.

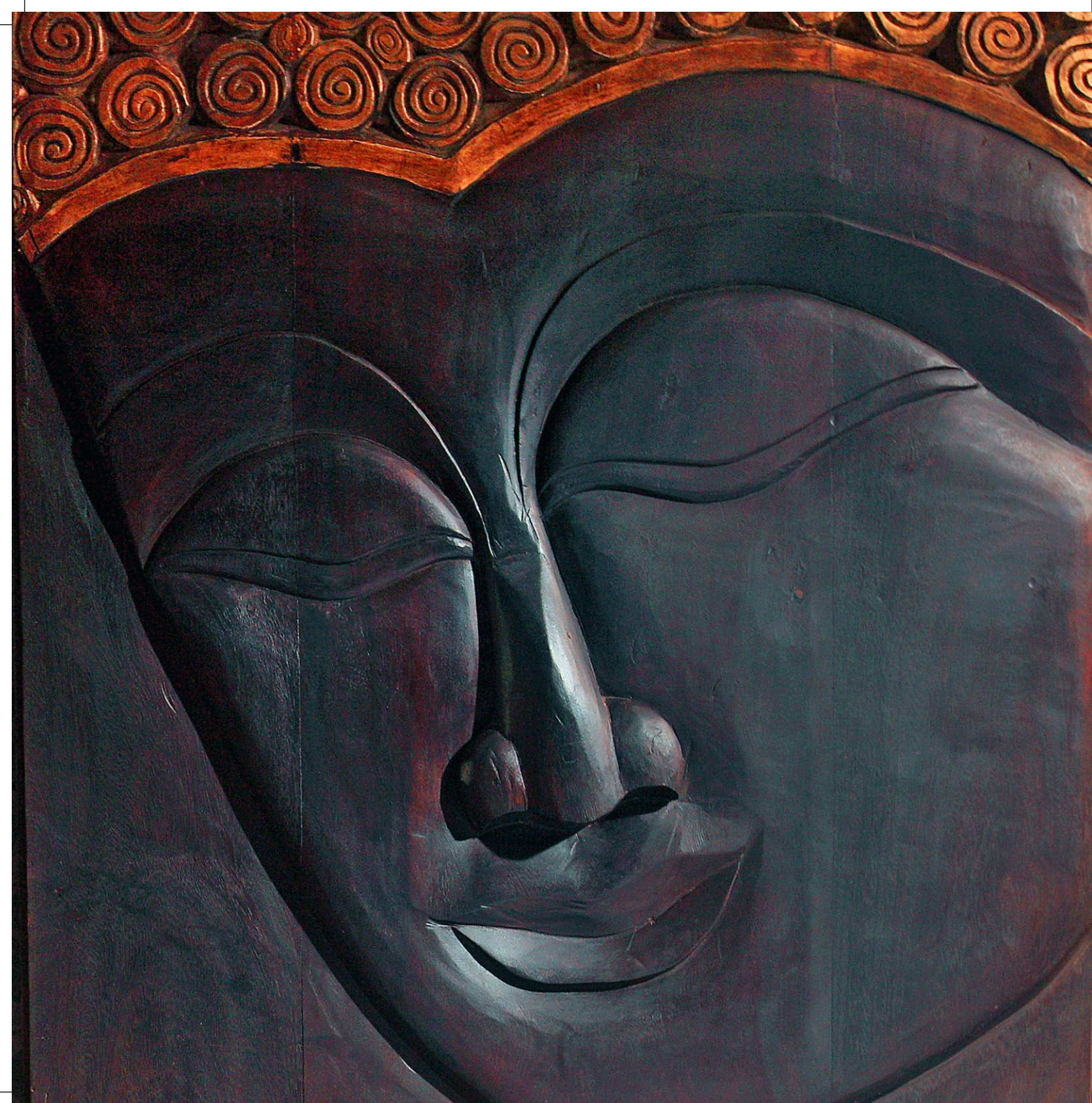




## Express Therapies

FOOT REFLEXOLOGY	30 Mins
Human bodies have multiple zones of energy. Reflexology activates these zones to improve health and enhance a feeling of well-being. It enhances circulation, tones up muscles and restores vitality. Blend of Shulahara Taila with bee's wax and mint.	
DE-STRESS BACK MASSAGE	30 Mins
HEAD, NECK AND SHOULDER MASSAGE	30 Mins





## SPA INFORMATION

### SPA TIMINGS

The Spa is open 24x7.

### RESERVATIONS

We highly recommend you to make an appointment by dialing our extension 339, to avoid inconvenience.

We encourage you to arrive 15 minutes prior to your appointment to settle into the spa environment, change, relax and enjoy the spa facilities.

Should you arrive late for your scheduled appointment, we will certainly try and accommodate you. Your treatment time may be shortened or rescheduled, in consultation with you, to avoid any inconvenience to the next guest appointment.

### VALUABLES

While we endeavour to look after your belongings, we do not accept any liability for your belongings.

### SPECIAL CONSIDERATION

We advise against any massage treatment if you have a medical condition. Please refrain from treatment if you have high blood pressure, skin condition, heart ailments, allergies, thyroid problems, diabetes or have undergone any surgery recently.

The Della Resorts and its employees will not be held accountable or liable in case of any incident of an untoward nature occurring on the premises.

### SPA ETIQUETTE

To preserve the tranquil environment of the spa, we request you to kindly switch off your mobile phones or switch them to silent mode.

The Spa is an alcohol, food and smoke-free zone.

Guests under the influence of alcohol will not be allowed in the spa.

The spa management has the discretion to ask a guest to leave the premises, in case of non-adherence to any of the above.